

SMOOTHIES

RED

Raspberries, Blueberries, Strawberries, Yoghurt
7,90

YELLOW

Pineapple, Banana, Mango, Kiwi, Passion Fruit
7,90

GREEN

Spinach, Kiwi, Pineapple
7,90

PROTEIN SHAKE 8,90

Mixed Berries, Protein Powder, Soya Milk

JUICES

LARGE JAR OF FRESHLY SQUEEZED ORANGE
5,90

FRESHLY SQUEEZED ORANGE + CARROT
7,50

CARROT, APPLE, GINGER
7,50

BEETROOT, PINEAPPLE, MINT
7,90

CELERY, CUCUMBER, APPLE
7,60

MILKSHAKES

VANILLA
7,00

STRAWBERRY
7,00

CHOCOLATE
7,00

BANANA
7,00

BANANA AND CHOCOLATE
7,00

ICED TEAS + COFFEES

FRAPPUCCINO
6,00

COFFEE BANANA COOLER
6,50

ICED CITRUS COOLER
Green Tea, Orange Juice, Fresh Lime
7,00

*ASK YOUR SERVER TO SEE OUR COMPLETE ALLERGENS AND INTOLERANCES CHART

BREAKFAST 11:00 - 15:00 | LUNCH 13:00 - 19:00 | DINNER 19:00 - 23:00

BREAKFAST

11.00 - 15.00

BREAKFAST BOWL WITH ACAI

GREEK YOGHURT, ACAI, FRESH FRUIT, GRANOLA, BERRY COMPOTE
9.50

EGGS BENEDICT, FLORENTINE OR ROYALE

ENGLISH MUFFIN, BACON, SPINACH OR SMOKED SALMON,
POACHED EGGS, HOLLANDAISE
10.90

STEAK & EGGS

SIRLOIN STEAK, BEEF FAT ROSTI POTATO, SPINACH,
POACHED EGGS, HOLLANDAISE
14.50

SMASHED AVOCADO

SEEDED TOAST, SMASHED AVOCADO, POACHED EGGS, CHARRED ASPARAGUS
10.90

SCRAMBLED EGGS WITH SMOKED SALMON OR BACON

SEEDED TOAST, SCRAMBLED EGGS, SPINACH
9.90

FULL ENGLISH BREAKFAST

BACON, SAUSAGE, EGGS, TOMATO, MUSHROOM, BAKED BEANS, SEEDED TOAST
10.90

VEGGIE BREAKFAST

SWEET POTATO HASH, SPINACH, EGGS, TOMATO, MUSHROOM, BEANS, SEEDED TOAST
10.90

***ADD SMOKED SALMON OR HALLOUMI CHEESE TO
ANY BREAKFAST DISH FOR 4EUROS**

BREAKFAST TIPPLE

BLOODY MARY

12.00

MIMOSAS

7.00

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STARTERS & TAPAS

13:00 - 23:00

BREAD ALI OLI & OLIVES
2.50pp

BEEF FILLET
PEPPERCORN SAUCE, PEPPERS, ONIONS
13.90

CHILLI & GARLIC PRAWNS
CHARRED LEMON, BASIL
11.90

GRILLED HALLOUMI
CHARGILLED VEGETABLES, CHILLI & GARLIC DRESSING
11.50

PAN FRIED SQUID
CELERIAC PUREE, CHICKPEA, CHERMULA
10.90

MUSSELS
CHILLI, WHITE WINE & CREAM
14.50

NACHOS
CHEESE, GUACAMOLE, SALSA, SOUR CREAM
9.90

TOASTED PITTA BREAD
HOMEMADE HUMMUS, CHARGILLED VEGETABLES
9.00

SPICY CHORIZO
POTATOES, CIDER
8.50

TRUFFLED FRIES
PARMESAN, TRUFFLE OIL
7.90

PATATAS BRAVAS
BRAVAS SAUCE, CRISPY ONIONS
6.90

SPICED CRUNCHY CAULIFLOWER
PICKLED GRAPES, SMOKED ALI OLI, SOY TOASTED SEEDS
8.90

SWEET POTATO FRIES
CHILLI & RED PEPPER MAYONNAISE
7.50

SAUTEED MIXED GREEN VEGETABLE BOWL
7.50

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LUNCH & BRUNCH

13.00-19.00

CLUB SANDWICH*

SMOKED TURKEY, EGG, BACON, LETTUCE, TOMATO
13.50

PIRI PIRI CHICKEN PITTA*

SPICY CHICKEN BREAST, MIXED LEAVES, RED ONION,
CUCUMBER, TOMATO SALSA
11.50

FALAFEL PITTA*

SWEET POTATO FALAFEL, BEETROOT HUMMUS,
TZATZIKI, PICKLED FENNEL, ROCKET
11.50

SEAFOOD PASTA

TAGLIATELLE, PRAWNS, MUSSELS, CLAMS, TOMATO, CREAM & WHITE WINE
18.50

MEDITERRANEAN VEGETABLE PASTA

TAGLIATELLE, CHARGRILLED VEGETABLES, TOMATO, BASIL, PECORINO
14.90

BEEF BURGER*

BEEF, SMOKED BACON, CHEDDAR CHEESE, LETTUCE, TOMATO,
RED ONION MARMALADE, BURGER SAUCE, HOMEMADE FRIES
15.90

VEGGIE BURGER*

VEGGIE PATTIE, ROASTED RED PEPPER, BLACK OLIVE TAPENADE,
HALLOUMI, LETTUCE, TOMATO, HOMEMADE FRIES
15.90

STEAK SANDWICH*

TOASTED SOURDOUGH, SIRLOIN STEAK, RED ONION MARMALADE,
SMOKED BAVARIAN CHEESE, MUSTARD MAYO, ROCKET
15.90

***SERVED WITH FRIES, CHANGE TO
SWEET POTATO FRIES FOR 2.00**

SALADS

CAESAR

CHARGRILLED CHICKEN, COS LETTUCE, CROUTONS, ANCHOVY, PARMESAN, CAESAR DRESSING
14.90

SUPERFOOD

QUINOA, AVOCADO, TENDERSTEM BROCCOLI, KALE, ASPARAGUS,
SWEET POTATO, SEEDS, NUTS, CRANBERRIES, LEMON DRESSING
14.90

***ADD CHICKEN, HALLOUMI OR SMOKED SALMON FOR 4.00**

NICOISE

TUNA LOIN, NEW POTATOES, GREEN BEANS, BLACK OLIVES,
CAPERS, EGG, TOMATO & LEAVES
15.90

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